

2nd ANNUAL MOLA LATINO HEALTH SYMPOSIUM BECOMING AGENTS OF CHANGE

Saturday, October 6th - 2018 | Chicago, IL



Medical Organization for
Latino Advancement



PROGRAM

6:30 - 7:00 AM **Poster Session & Exhibitor Booth Registration and Set-up**
Atrium

7:00 - 7:30 AM **General Registration Opens**
Atrium
Poster / Exhibit Booth Viewing available.

7:30 - 8:30 AM **MOLA MENTORSHIP BREAKFAST (non-CME)**
Atrium
How to be an Effective Mentor and Successful Mentee
Moderator: **Melissa Mariscal - MD candidate**, Rosalind Franklin Chicago Medical School.
Speaker: **Luis Rivera, MD**, Mentorship Chair, MOLA; Loyola Univ. Chicago, Strich School of Med.

8:30 - 9:00 AM **Break and Poster / Exhibit booth Viewing**
Atrium

9:00 - 10:15 AM **OPENING PLENARY "Agents of Change" - Welcome & Keynote Remarks**
Hughes Auditorium
Moderator – **Nico Francone - MD candidate**, Northwestern University Feinberg School of Medicine

9:00 - 9:10 AM **Welcome and introductory remarks**
Virginia Bishop, MD – Northwestern University Feinberg School of Medicine, Office of Diversity & Inclusion
Pilar Ortega, MD - President, MOLA; University of Illinois at Chicago College of Medicine, Advocate Illinois Masonic Medical Center

9:10 - 9:30 AM **How to make an Impact in Hispanic Health: The Hispanic/Latino Physician as an Agent of Change**
Keynote Speaker: **Juan Carlos Caicedo, MD** – Northwestern University Feinberg School of Medicine

Objectives:

- Understand how personal experiences and heritage can impact career decisions and can facilitate community advancement and health
- Explore how to implement culturally targeted initiatives to improve healthcare in Hispanics

9:30 - 9:50 AM **Politics and Health: Partnerships, Organizations, and Individuals working together to make an Impact**
Keynote Speaker: **State Senator Iris Martínez**

Objectives:

- Understand governmental priorities for Hispanic/Latino health
- Describe what individual health professionals can do to improve political attention to issues they consider to be critical for Latino health
- Describe how an organization such as MOLA can be a catalyst for change, empowerment, and advocacy in the community

9:50 - 10:15 AM **Moderated Q&A**

10:15 - 10:45 AM **Coffee Break and Poster / Exhibit Booth Viewing**
Atrium

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10:45 - 12:15 M **PLENARY SESSION: “Agents of Change” Panel & Discussion**
Hughes Auditorium Moderator: **Rachel Bruckman I MD candidate**, Rosalind Franklin Chicago Medical School

10:45 - 10:55 AM ***Confianza*: How and why Latinos should be researchers and research participants**
Aida Luz Giachello, PhD – Northwestern University

Objectives:

- Understand what it means to be an academic and describe ways that health professionals can seek and be successful in academic roles.
- Describe example of establishing trust with community and engaging Latinos in research as a means to reduce health disparities.

10:55 - 11:05 AM **On the Path to Equity: The role of medical schools in Latino health and advancement**
Jorge Girotti, PhD, MHA – University of Illinois at Chicago College of Medicine, Hispanic Center of Excellence

Objectives:

- Define and understand terminology of diversity, inclusion, and equity.
- Describe role of medical education admissions, examinations, and programming in the advancement of Latinos in medical careers.

11:05 - 11:15 AM **Role of Spanish language as a national initiative to improve Latino Health**
Pilar Ortega, MD – University of Illinois at Chicago College of Medicine, Advocate Illinois Masonic Medical Center

Objectives:

- Understand the link between language and health.
- Describe current national initiative to standardized Medical Spanish education, improve language concordance, and certify and reward bilingual providers.

11:15 - 12:15 M **Moderated Q&A**

12:15 - 1:45 PM **LUNCH** (*Please pick up lunch at Atrium and proceed to Baldwin Auditorium or Poster / Exhibit Hall*)

Baldwin Auditorium Advancement Panel & MOLA Member Open Forum
MOLA Community Discussion and Q&A on Innovation and Leadership Development
Moderator: **Joaquin Estrada, MD** – Advocate Illinois Masonic Medical Center

Speakers:

Geraldine Luna, MD, MPH – University of Illinois at Chicago
Jonathan Moreira, MD – Northwestern University Feinberg School of Medicine
Luis Rivera, MD – Loyola University Chicago, Stritch School of Medicine
Óscar Zambrano, MPH, MBA – Advocate Health

Objectives:

- Discuss strategies to develop leadership skills as students, physicians, and health professionals.
- Identify leadership opportunities as part of MOLA or linked organizations.
- Describe methods of and potential barriers to achieving balance in leadership career advancement and academic or clinical success in medical practice.
- Understand the perspective of MOLA members through an open forum where they can voice their opinions, ideas, and suggestions for MOLA's strategic planning.

1:45 - 2:00 PM **Poster / Exhibit Booth Viewing - Atrium**
Atrium

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BREAKOUT 1

Gray Room **Track Clinical 1 – Innovative management and social engagement methods in the Latino community**

Moderator: **Geraldine Luna, MD, MPH** – University of Illinois at Chicago

2:00 - 2:20 PM **The Application of Mindfulness and Mind-Body Medicine in Patient and Self Care**
Sonia Oyola, MD – University of Chicago Pritzker School of Medicine

Objectives:

- Define Mindfulness and Mind-Body Medicine
- Relay at least one evidence-informed Mind-Body Medicine Technique that can be integrated into practice for patient and self-care
- Practice and teach a common Mind-Body Medicine Technique like 4-7-8 breathing

2:20 - 2:30 PM **Oral Presentation: Spanish language texting updates to patients' phones in the Emergency Department - Carrie Mendoza, MD, MA** – Advocate Aurora Health

2:30 - 2:40 PM **Oral Presentation: How Does the Social Environment Affect Cultural Misconceptions about Breast Cancer Among Latinas?**
Kryztal Peña – University of Illinois at Chicago School of Public Health

2:40 - 2:50 PM **Oral Presentation: The My Guide E-Health Intervention for Hispanic Breast Cancer Survivors**
Martha García – University of Illinois at Chicago; Northwestern University Feinberg School of Medicine

2:50 - 3:00 PM **Q&A**

Baldwin Auditorium **Track Public Health 1: Immigration challenges, advocacy, and patient rights**
Moderator: **Felisha González – MD candidate**, Northwestern University Feinberg School of Medicine

2:00 - 2:15 PM **Legal Aspects of the Practice of Medicine**
Juan Morado, Jr., JD – Benesch Law; President, Hispanic Lawyers Association of Illinois

Objectives:

- Understand the legal rights of undocumented immigrant patients
- Identify ways for health professionals to stay informed on changing legal rights of undocumented patients.

2:15 - 2:30 PM **How to Advocate for Patients and Overview of Practical Resources**
Dana Rusch, PhD – Department of Psychiatry, Institute for Juvenile Research, University of Illinois at Chicago

Objectives:

- Understand key research finding on the effects of undocumented status and immigration policy impact on mental health
- Recognize & learn to access local resources available to undocumented immigrant patients
- Strategize how medical students and health professionals can utilize these resources to advocate for patients

2:30 - 2:45 PM **DACA and My Journey**
Aldo Eliel Martínez, MPH – MD candidate, Loyola University Chicago, Stritch School of Medicine, PhD candidate, University of Texas Houston, School of Public Health

Objectives:

- Describe DACA in terms of educational and career advancement
- Illustrate how immigration-related challenges affect Latinxs attempting to advance in education and careers in healthcare

2:45 - 3:00 PM **Q&A and Discussion**

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Searle Room **Track Research 1 – Identifying and addressing disparities to improve the quality of care for Latino Patients**

Moderator: **Gunar Subieta, MD** – John H. Stroger, Jr. Hospital of Cook County

2:00 - 2:20 PM **Strategies to prevent delay in diagnosis of time sensitive inflammatory arthritis in the Latino community**
Isabel Castrejón, MD, PhD – Rush University Medical Center

Objectives:

- Understand the importance of timely diagnosis and management of patients with inflammatory arthritis
- Describe how ethnic minorities and uninsured patients are at risk of deleterious outcomes as a consequence of delayed therapeutic onset
- Describe how a coordinated effort by the rheumatology and primary care community can be effective to raise awareness between patients and in the community

2:20 - 2:30 PM **Oral Presentation:** Hispanic patients with rheumatoid arthritis have prolonged delay in presentation to rheumatologists contributing to later diagnosis and treatment
Mariam Riad, MD – Rush University Medical Center

2:30 - 2:40 PM **Oral Presentation:** Puerto Rican Mental Health in Chicago Post-Hurricane María
Geraldine Shirzai – MD candidate, Univ. of Illinois at Chicago College of Medicine

2:40 - 2:50 PM **Oral Presentation:** Gender Affecting on Inpatient Mortality in the Latino Hypertensive Population with Concomitant Renal Disease in the United States
Rodrigo Aguilar, MD – Marshall Univ. (presented by María Mora-Pinzón, MD, MS)

2:50 - 3:00 PM **Q&A**

3:00 - 3:15 PM **Coffee Break and Poster / Exhibit Booth Viewing**
Atrium

BREAKOUT 2

Gray Room **Track Clinical 2 – Ensuring Clinical Excellence for Latino Patients: Educational and Clinical Strategies**

Moderator: **Jonathan Moreira, MD** – Northwestern University Feinberg School of Medicine

3:15 - 3:25 PM **Oral Presentation:** Participation in Multi-Dimensional Support Based Research Program Enhances Low Income Latino High School Students in the Pursuit of Higher Education and STEM Professions
Max Loh – Rosalind Franklin University of Medicine & Science

3:25 - 3:35 PM **Oral Presentation:** Thrombolytic Revascularization Rates after Acute Ischemic Stroke in Hispanic Population: A Stroke Center Experience
José Sleiman, MD – John H. Stroger, Jr. Hospital of Cook County

3:35 - 3:45 PM **Oral Presentation:** Effectiveness of preventive-multimodal analgesia for the management of acute postoperative pain in an underserved Latin-American population
Samuel Alexander Linares Gavidia, MD – Universidad Dr. José Matías Delgado, Facultad de Ciencias de la Salud Dr. Luis Edmundo Vásquez

3:45 - 3:55 PM **Oral Presentation:** Exposure to violence before pregnancy and substance use during pregnancy among Latina women within a multisite FQHC in Illinois
Alicia Olave-Pichón, MD – University of Illinois at Chicago

3:55 - 4:05 PM **Oral Presentation:** The Identification of the Hispanic Perinatal Population for Purposes of Screening for Heritable Disease
Elliot Levine, MD – Advocate Illinois Masonic Medical Center

4:05 - 4:15 PM **Q&A and Discussion**

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Baldwin
Auditorium

Track Public Health 2 – Integrating Public Health and Medicine: Prevention and Community
Moderator: **Óscar Zambrano, MPH, MBA** – Advocate Health

3:15 - 3:30 PM

A community-based research approach for reducing health disparities in organizations through a Latinx transplant program

Elisa Gordon, PhD, MPH – Comprehensive Transplant Center; Center for Healthcare Studies, Institute for Public Health and Medicine; Center for Bioethics & Medical Humanities; Northwestern University Feinberg School of Medicine

Objectives:

- Describe Implementation Science and its importance for organizations to reduce health disparities, using the Latino living donor kidney transplantation as an example
- Discuss Diversity Grant which aims to help Hispanics to gain greater training in research in order to increase the Hispanic research workforce

3:30 - 3:40 PM

Oral Presentation: *Pisando Fuerte*: an evidence-based falls prevention program for Hispanic/Latino Seniors

María Mora-Pinzón, MD, MS – University of Wisconsin-Madison, &
Al Castro, MS, CSW – Health Research Program Director, United Community Center

3:40 - 3:50 PM

Oral Presentation: Respiratory disease prevention, intervention, and education in three Chicago Latino Neighborhoods: Little Village, Pilsen and Brighton Park

Paola Quezada – MPH candidate, University of Illinois at Chicago School of Public Health

3:50 - 4:00 PM

Oral Presentation: The role of financial burden on the mental health of Latina breast cancer survivors

Corazón Ávila – University of Illinois at Chicago School of Public Health

4:00 - 4:15 PM

Q&A

Searle Room

Track Research 2 – Strategies for Diversity, Inclusion, and Equity for Latinos in Academics
Moderator: **Joaquín Estrada, MD** – Advocate Illinois Masonic Medical Center

3:15 - 3:30 PM

What are the roles of local mentorship and educational programs for preparing future Latino leaders in health research?

Yamilé Molina, MS, MPH, PhD – School of Public Health, Cancer Center, Center for Research on Women and Gender, University of Illinois at Chicago

Objectives:

- Describe how mentorship and educational programs promote diversity and inclusion in health research through addressing factors at individual, interpersonal, institutional, community, and national levels
- List a sample of mentorship and educational programs for local Latino trainees interested in research

3:30 - 3:45 PM

PREMIER at the University of Illinois at Chicago and Health Research Career Paths for Underrepresented Minorities

Ben Gerber, MD – Division of Academic Internal Medicine and Geriatrics, University of Illinois at Chicago

Objectives:

- Identify the structure of Precision Lifestyle Medicine and Translation Research (PREMIER) T32 Training Program and its three core themes
- Describe research career paths for underrepresented minorities in medicine

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3:45 - 3:55 PM Oral Presentation: **Building the Pipeline: An Approach to Implementing a Sustainable Mentorship Program in Partnership with Chicago Public Schools**
Elizabeth García - MD candidate, & Daniel Hong - MD candidate – Univ. of Illinois at Chicago College of Medicine

4:00 - 4:15 PM Q&A

4:15 - 4:30 PM *Coffee break and Poster / Exhibit Booth Viewing*
Atrium

4:30 - 5:30 PM Poster Viewing and Judging
Atrium

5:30 - 5:45 PM Oral and Poster Awards Announcement
Atrium
Moderator: **Pilar Ortega, MD** – President, MOLA

6:00 - 8:00 PM National Hispanic Medical Association (NHMA) Midwest Regional Forum
Atrium
Closing Cocktail Reception & Networking (non-CME)
Planner: **Pilar Guerrero, MD** - John H. Stroger, Jr. Hospital of Cook County;
Midwest Region Steering Committee Chair, NHMA

Exhibit Booth Viewing available.

Poster and Exhibit Booth take-down by 8pm.

Academic Poster Session

Poster titles and presenting authors are listed in the order in which they will appear in the academic poster session. The posters have been organized by topic to promote collaborative ideas and networking.

Research Projects

- 1 Impact of Traditional Risk Factors for the Development and Outcomes of Atrial Fibrillation across Racial-and Sex-Groups, **Karina Ledezma** (presented by **Fátima Girón Rivas**)
- 2 Hispanics' Perceptions of a Culturally Targeted Transplant Program: A Mixed Methods Study, **Nicolás Francone**
- 3 Multiple Health Risk Behaviors among Puerto Rican and Mexican Men, **Angélica Alonso**
- 4 *Pisando Fuerte*: an evidence-based falls prevention program for Hispanic/Latino Seniors, **Dr. María Mora-Pinzón & Al Castro** (oral)
- 5 Gender Affecting on Inpatient Mortality in the Latino Hypertensive Population with Concomitant Renal Disease in the United States, **Dr. Rodrigo Aguilar** (oral) - (presented by **María Mora-Pinzón**)
- 6 The role of financial burden on the mental health of Latina breast cancer survivors, **Corazón Ávila** (oral)
- 7 How Does the Social Environment Affect Cultural Misconceptions about Breast Cancer Among Latinas? **Kryztal Peña** (oral)
- 8 Thrombolytic Revascularization Rates after Acute Ischemic Stroke in Hispanic Population: A Stroke Center Experience, **Dr. José Sleiman** (oral)

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- 9 Effectiveness of preventive-multimodal analgesia for the management of acute postoperative pain in an underserved Latin-American population, **Dr. Samuel Linares Gavidia** (oral)
- 10 Hispanic patients with rheumatoid arthritis have prolonged delay in presentation to rheumatologists contributing to later diagnosis and treatment, **Dr. Mariam Riad** (oral)
- 11 The Identification of the Hispanic Perinatal Population for Purposes of Screening for Heritable Disease, **Dr. Elliot Levine** (oral)

Education-focused Projects

- 12 Spanish language texting updates to patients' phones in the Emergency Department, **Dr. Carrie Mendoza** (oral)
- 13 Retrospective Analysis of Postpartum Visits at PSMEMC FM Residency Affiliated FQHCs, **Dr. Javier Guevara**
- 14 Exposure to violence before pregnancy and substance use during pregnancy among Latina women within a multisite FQHC in Illinois, **Dr. Alicia Olave-Pichón** (oral)
- 15 Increasing Diversity in Radiology, **Anne Williams Darrow**
- 16 The Asking Social Questions (ASK) for Health Study at University of Illinois Health (UIH): Data Analysis, **Kathryn Ospino**
- 17 Examining Out-of-Hospital Cardiac Arrest Survival in the Racioethnically Diverse Neighborhoods of Chicago, **Anthony Carrera**
- 18 Validation of PROMIS® Computerized Adaptive Testing (CAT)-Administered Item Banks in Juvenile Myositis, **Valeria Esparza**
- 19 The Summer of Champions: An Evaluation of a Health Education Pipeline Program, **Allayah Goyco**
- 20 Chicago Public Schools Outreach: An Innovative Partnership Approach, **Daniel Hong & Elizabeth García** (oral)
- 21 Participation in Multi-Dimensional Support Based Research Program Enhances Low Income Latino High School Students in the Pursuit of Higher Education and STEM Professions, **Max Loh** (oral)

Community Projects

- 22 Promotoras de Salud: Identifying Best Practice for Training, Implementation, and Outcome Metrics of Community Health Workers, **Esmeralda Rosales**
- 23 Colorectal cancer screening in the Chicago Hispanic/Latino community: Assessment and Intervention, **Alejandro Plana** (presented by **Adrián Camarena**)
- 24 Respiratory disease prevention, intervention, and education in three Chicago Latino Neighborhoods: Little Village, Pilsen and Brighton Park, **Paola Quezada** (oral)
- 25 The MONARCAS Community and Academic Collaborative Program, **Dr. Karen Mancera-Cuevas**
- 26 Effect of Health Policy on Unplanned Teenage Pregnancy Rates: Description, Cultural relevance, and Impact on the Hispanic Community, **Liliana Streber-Ramírez**
- 27 The effect of the Opioid Crisis on the Latino Community in the early 2000s, **José Pablo Escalante**

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Case Reports

- 28 Altered mental status: it's not all in your head, **Enrique Ceppi & Anisa Bravo**
- 29 Robotic-Assisted Placement of Hepatic Artery Infusion Pump for Regional Chemotherapy of Colorectal Liver Metastasis with Indocyanine Green Perfusion Test, **Lola Castro**
- 30 A non-specific tale: Microscopic polyangiitis (MPA), **Dr. Juan Del Cid Fratti**
- 31 When Being Numb Hurts: A Case of Hereditary Sensory and Autonomic Neuropathy, **Dr. José Sleiman**
- 32 Creutzfeldt-Jakob Disease Presenting with Alien Hand Syndrome and Hemineglect, **Dr. Joseph Cooper**
- 33 The Pain was Real, **Dr. Gunar Subieta**
- 34 The Forgotten Disease: Lemierre's Syndrome, **Ángel Fernando Sánchez**